



Autumn 2011 Lecture Plan

Sessions will start at 8.15 am on Sunday morning and last a maximum 30 minutes.

Date	Level	Subject
25/09	SD	Branch Introduction (BSAC and it's training programme)
02/10	SD	Snorkelling Equipment and Signals
09/10	SD	Some Snorkelling Science (Pressure, Breathing and Buoyancy)
16/10	SD	Safe Snorkelling Practices
23/10		Half Term Break
30/10	OSD	Breath Hold Diving
06/11	OSD	Skills and equipment
13/11		Leatherhead Diving Pool
20/11	OSD	Heart and Lungs
27/11	OSD	Rescue Techniques
04/12		
11/12		
18/12		End of Term

SD = Snorkel Diver

OSD = Ocean Snorkel Diver (old syllabus)

Theory lessons are part of the BSAC structured training and it is the responsibility of members to make sure they attend the appropriate sessions.

All sessions will be run before and overlap with the pool session, i.e. the first 15 minutes of the pool session will be used for the theory lesson. Any delay in the start of the theory session will delay entry into the pool.

There will be sheets on the table in reception each week for you to sign up to the sessions you need to attend.

Please remember to bring your log books/cards to the theory sessions so you can get them signed up.

If you have any questions about which sessions you should be attending please talk to Anthony or Graham