



Spring 2008 Lecture Plan

Sessions will start at 8.05 am and 8.55 am

Date	Level	Subject
20/01	OSD	Rescue Techniques
27/01	OSD	Heart and Lungs
03/02	OSD	Planning Snorkelling Trips
10/02	SD	Intro to BSAC and Dorking Branch / Basic Equipment
17/02		Half Term Break
24/02	SD	Pressure Breathing and Buoyancy
02/03	SD	Safe Snorkelling
09/03	SD	Snorkel Diver Revision & Tests
16/03	OSD	Breath-hold diving
23/03		Easter Break

SD = Snorkel Diver

OSD = Ocean Snorkel Diver

All sessions will be run twice to allow members to have a pool session as well as a theory lesson. Therefore if you are in the 8.45 pool session you should come to the 8.05 theory and then go to the pool session as normal. If you are in the 8.00 pool session you can then go to the 8.55 theory session.

We have scheduled a revision session which will recap the main points; this will be useful for everyone who needs to take their test.

There will be sheets on the table in reception each week for you to sign up to the sessions you need to attend.

Please remember to bring your log books to the theory sessions so you can get them signed up.