



# Spring 2010 Lecture Plan

**Sessions will start at 8.05 am and 8.55 am**

Date	Level	Subject
17/01	OSD	Breath-hold diving
24/01	OSD	Skills and Equipment/Planning Snorkelling Trips
31/01	OSD	Heart and Lungs
07/02	OSD	Rescue Techniques
14/02		Half Term Break
21/02	OSD	Safe Snorkelling Practices
28/02	OSD	Open Snorkel Diver Revision & Tests
07/03	SD	Intro to BSAC and Dorking Branch / Basic Equipment
14/03	SD	Pressure Breathing and Buoyancy
21/03	SD	Safe Snorkelling
28/03	SD	Snorkel Diver Revision & Tests
05/04		Easter Break

SD = Snorkel Diver

OSD = Ocean Snorkel Diver

All sessions will be run twice to allow members to have a pool session as well as a theory lesson. Therefore if you are in the 8.45 pool session you should come to the 8.05 theory and then go to the pool session as normal. If you are in the 8.00 pool session you can then go to the 8.55 theory session.

We have scheduled a revision session which will recap the main points; this will be useful for everyone who needs to take their test.

There will be sheets on the table in reception each week for you to sign up to the sessions you need to attend.

Please remember to bring your log books to the theory sessions so you can get them signed up.

If you have any questions about which sessions you should be attending please talk to Anthony or Graham